

Need Sleep?

A class for people with cancer and their caregivers



Monday, April 1

6:30-8:00 PM

Life with Cancer Family Center
8411 Pennell Street
Fairfax, VA 22031

Insomnia is identified as one of the primary concerns of patients with cancer and caregivers. Learn evidence based tools for getting back to sleep.

For more information contact,
Darah Curran, MSW, LCSW
703-206-5435 darah.curran@inova.org.

Registration is required at

www.lifewithcancer.org

or call 703-698-2526