

Meaning-Centered Psychotherapy

Wednesday, May 15-July 17*

2:30-4:00 PM

Life with Cancer Family Center

8411 Pennell St., Fairfax, VA

***no meeting 6/5 and 7/3**

This eight week program, developed by William Breitbart and colleagues at Memorial Sloan-Kettering Cancer Center, is designed to help patients sustain or enhance a sense of meaning, peace, and purpose in their lives. This class is open to patients and caregivers who have completed the Mindfulness-Based Cancer Recovery program.

Expectation is that participants commit to regular attendance and homework over the eight weeks. Please contact Michelle Ferretti, LCSW, 703-698-2524 for additional information.

Community support makes it possible for Life with Cancer to offer classes and groups free of charge to individuals impacted by cancer.

Registration is required.

To register, go to www.lifewithcancer.org or call